Student Wellbeing

Varsity College is committed to helping your young person live a rich, meaningful life so that they may flourish. We know that a student's learning and wellbeing are inextricably linked and that they learn best when their wellbeing is optimised. When a student develops a strong sense of wellbeing, they will experience greater success in learning and demonstrate more effective personal and social functioning.

To maximise student success, your partnership and active participation is strongly encouraged. Our Wellbeing Team is responsible for working with families by helping them to effectively deal with a range of learning and wellbeing issues.

Provided in this brochure is a summary of the extensive support available to all of our students and their families. We warmly welcome all student and family enquiries to ensure the best possible educational outcomes for all.

Specifically, our team help with:

- Social and emotional concerns
- Mental health (including anxiety, depression and stress)
- Relationships (including family dynamics)
- Grief and loss (including transitions and major adjustments)
- Learning difficulties
- Behaviour concerns
- Study skills
- Career development (including subject selection and career counselling)
- Referrals to external support agencies

Student Wellbeing Contacts

Victoria McLucke  
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Guidance Officers

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Dear Students

Andrea Stidwill  
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Students Support Services

Psychology Services  
email relevant Guidance Officer

Sonja Hewitt  
School Nurse  
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Michele Davis  
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Wellbeing Services for students and their families.

Secondary Campus 7-12
## Student Wellbeing Services

<table>
<thead>
<tr>
<th><strong>Guidance Officers</strong></th>
<th><strong>Special Education Services</strong></th>
<th><strong>Deans of Students</strong></th>
<th><strong>School-based Youth Health Nurse</strong></th>
<th><strong>School Based Psychologists</strong></th>
<th><strong>Indigenous Support</strong></th>
<th><strong>Re-Engagement Officer</strong></th>
<th><strong>Industry Liaison Officer</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Focus</strong></td>
<td>Wellbeing of students-social and emotional, educational and vocational.</td>
<td>Educational, behavioural, social and emotional support of identified students with disabilities.</td>
<td>Key focus pastoral care, academic and behaviour support</td>
<td>General Health &amp; Wellbeing (including Mental Health)</td>
<td>On-campus therapeutic counseling and intervention by a registered psychologist</td>
<td>Educational support of identified Aboriginal and Torres Strait Islander students</td>
<td>Educational support of disengaged students and their families</td>
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<tr>
<td><strong>Role</strong></td>
<td>Support and guidance through a counselling, assessment and referral process.</td>
<td>To develop individualised curriculum plans and personalised learning plans.</td>
<td>To support students and families with behaviour, attendance, uniform and academic achievement.</td>
<td>Individual health promotion, consultation and support. External agency referral and partnerships.</td>
<td>Individual, family and group therapy.</td>
<td>To provide individualised academic and social and emotional support for students and families.</td>
<td>Provides information and referral pathways to support sound educational decision-making.</td>
</tr>
<tr>
<td><strong>Target Group</strong></td>
<td>All students, parents and staff.</td>
<td>All students identified with a disability in years 7-12.</td>
<td>All students in years F-12.</td>
<td>Secondary students, families and school staff (7-12).</td>
<td>Varsity students and their families (7-12).</td>
<td>All Aboriginal &amp; Torres Strait Islander students and families 7-12.</td>
<td>Students who are not attending school or who are academically at risk</td>
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<tr>
<td><strong>Can they work with parents?</strong></td>
<td>Yes.</td>
<td>Yes. Parent meetings and phone calls are welcomed.</td>
<td>Yes, if the student is seeing the Nurse.</td>
<td>Yes, if the student is engaged with the psychologist.</td>
<td>Yes, alongside a Community Elder, if required, or Regional Office Support team.</td>
<td>Yes</td>
<td>Yes, parent enquiries and meetings are welcomed</td>
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<tr>
<td><strong>Can they help with curriculum programs + support teaching + learning</strong></td>
<td>Yes - GOs are fully qualified teachers with postgraduate qualifications in psycho-educational assessment + counselling.</td>
<td>Yes, in a holistic way. Deans have an overall snapshot of a student’s progress, both academically and behaviourally.</td>
<td>Yes, in collaboration with Varsity College teaching staff at the student’s request.</td>
<td>Yes, in collaboration with Varsity College teaching staff at the student’s request.</td>
<td>Yes - Aboriginal and/or Torres Strait Islander cultural perspectives.</td>
<td>No</td>
<td>Career pathways, work experience, school-based traineeships &amp; apprenticeships and other career opportunities</td>
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<tr>
<td><strong>How does referral occur?</strong></td>
<td>Through the Guidance Officers.</td>
<td>Students, parents or class teachers may refer a student to a Dean.</td>
<td>Via email to school Nurse or self-referral.</td>
<td>Referrals via the Guidance Officer only.</td>
<td>Direct parent or student referral via email or phoning the school.</td>
<td>Guidance officer, Deans of Students or Deputy Heads of School</td>
<td>Staff, student or parent referral or via SET Plan process</td>
</tr>
<tr>
<td><strong>Other relevant information</strong></td>
<td>This is a confidential service provided to students and their families.</td>
<td>The school nurse is a Queensland Health employee.</td>
<td>Our school psychologists are employees of Headspace, Uniting Care Community and the Bond University Psychology Clinic.</td>
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<td></td>
<td>ILO connects directly with industry training/learning organisations &amp; DET</td>
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